

SPIRITUAL LIFE

Our spiritual care department provides holistic spiritual care to all our participants and staff. We are available for people of all religious beliefs and for those without a faith belief. We support people with life transitions, help people cope with illness, trauma, and loss. The chaplain unconditionally and unjudgementally listens with compassion and empathy.

Please, if you feel the need to have a chat with one of our chaplains, call me or one of the chaplains and we will arrange a time/place to fit your schedule.

Chaplain Isobel 780-217-0342; Chaplain Ben 780-217-8097; Chaplain John 587-987-8511; Chaplain Doug 780-616-0030 and Chaplain Peter 780-906-9433.

“The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.” - Deuteronomy 31:8

All staff and residents are welcome and encouraged to join the regularly scheduled and Christmas Chapels:

- Downtown on Wednesdays at 10:30 a.m.
- Grace Manor on Thursdays at 9:30 a.m.

Christmas Chapels

- Grace Manor, December 24 at 9:30 a.m.
- Downton, December 24 at 10:30 a.m.
- Stepping Stone Supportive Residence at 5 p.m.



Partner’s In Mission Silent Auction

The silent auction was a bit different this November in that it was held online for the first time. This provided an opportunity for all our staff at all locations to participate.

In total, the auction in November, raised \$1643. The money raised will provide essential funding required for the ongoing ministry of the Army’s Partner’s in Mission Program. This funding is necessary to keep the infrastructure in place so that communities can focus on specific needs and concerns, such as education, health, clean water, income generation or human-trafficking issues.



**CHRISTMAS AROUND
THE EDMONTON CENTRE OF HOPE**

12 DAYS OF CHRISTMAS FOR STAFF — DECEMBER 12-23

STAFF CHRISTMAS DROP-IN & CONNECT:

- STEPPING STONE, TUESDAY, DECEMBER 21, 1:30-3:30 P.M.—REC RM
- GRACE MANOR, WEDNESDAY, DECEMBER 22, 1:30-3:30 P.M.—CHAPEL
- DOWNTOWN*, THURSDAY, DECEMBER 23, 1:30-3:30 PM—CHAPEL

*Includes Cornerstone, Keystone and Transitional Housing



The Salvation Army
Edmonton Centre of Hope

Transitional Housing
9611 102 Avenue

Stepping Stones
9304 103A Avenue

Community Support Services
1434 120 Street

Cornerstone
11838 82 Street

Grace Manor
12510 140 Avenue

Keystone
11830 85 Street

For submissions contact:
Executive Assistant

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Edmonton
Centre of Hope



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The ECOH Connection

CHRISTMAS GREETINGS FROM THE EXECUTIVE DIRECTOR

This is my favorite time of year. A season where the world is reminded that Peace is possible, and hope is not so out of reach as it once may have seemed. We are reminded that this is available because Jesus, hope of the world, prince of peace has come.

My prayer for you, my incredible, capable staff, in this advent season is that you will know inner peace, hope, and joy. Thank you for your continued commitment to make a difference in the lives of those we serve. What you do has impact and I am grateful for you.

Christmas Blessings,
Elaine Bridger
Executive Director



Second Annual Core Value Awards Campaign November 2021-22

The Salvation Army Core Values help shape who we are as an organization. For the first time last year, we asked staff from the Edmonton Centre of Hope to nominate a co-worker who lives in action our values. Janelle Lockhart from Grace Manor was the recipient.

This year we continued with the Core Value Awards Campaign in November. The deadline to submit the nomination was November 30, 2021.

Staff were excited to receive the TSA Core Values T-shirt as part of the campaign drive.

We look forward to announcing the recipient in the Spring of 2022.

Our Core Values are Hope, Service, Dignity and Stewardship.

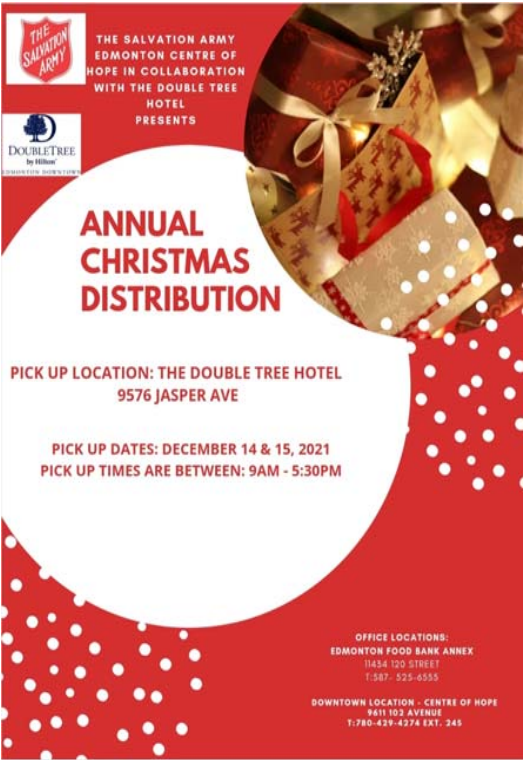
HOPE—We give hope through the power of the gospel of Jesus Christ.

SERVICE—We reach out to support others without discrimination.

DIGNITY—We respect and value each other, recognizing everyone’s worth.

STEWARDSHIP—We responsibly manage the resources entrusted to us.

Let’s all look for new opportunities to put our values into action in the new year.



Core Values Award Kick-Off 2021

SERVICE AWARDS—OCTOBER 2021

Congratulations to our staff at The Salvation Army Edmonton Centre of Hope for achieving these milestones. We appreciate you, your service and commitment to those we serve.

5-Year Service Awards

Cathelyn Agbayani	Environmental	Downtown
Sheila Gregg	Trans. Housing	Downtown
Ronald Kawi	Environmental	SSSR
Omonefe Ogbomo	Trans. Housing	Downtown
Monique Clarke	Nursing	Grace Manor
Tesia Dias	Nursing	Grace Manor
Gloria Mensah	Nursing	Grace Manor

10-Year Service Awards

Ferewoini Gebremariam	Nursing	Grace Manor
Natasha Schlosser	Nursing	Grace Manor

35-Year Service Awards

Terry Harvey	Food Services	Downtown
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Terry Harvey—35 Year Service



Natasha S. and Ferewoini G.

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Hello to you all.

Thank you everyone for your prompt responses !

I can't express how impressed my family and I are by the support and professionalism we have experienced with all the staff who have been directly involved in providing my mom with her placement, care and of course the continual on-going support she receives.

I too work in the care field running group homes for indigenous children in care, so I know the processes can be taxing. When you are on the other end of the support system and its your loved one its then personal. We have been so very happy with Grace Manor and all the staff we interact with. Please know your efforts are noticed and so very appreciated.

Senior's support facilities have had questionable reputations, but I truly feel this is fast becoming a thing of the past, especially when you all set the care standards so high and achieve them. Well done to you all and please know our family is so relieved we chose Grace Manor for our mom.

Cheers to you all!

Shelby

The ECOH Community Support Services is the proud recipient of the Pathway Of Hope Best Practice Award 2022

The Edmonton Centre of Hope Community Support Services team is the winner of the Pathway of Hope (POH) Best Practice Ministry Unit Award for the second year in a row.

The award highlights ministry units that demonstrate excellence in the provision of services to POH participants. Pathway of hope is not just about helping individuals to set goals and achieving them, it is about helping them to become self-sufficient. It is about walking alongside these individuals and sharing in their journey (Whatever that journey may look like). It is the framework from which we serve to assist in strengthening those who seek our help. Please do look out for our 2021 Impact Report, in the Winter of 2022, when we will be officially awarded.



POH Award 2021

HOPE STORY AT GRACE MANOR

Grace Manor was one of the successful candidates to receive a grant from New Horizons for Seniors Program, and was able to purchase a virtual bike for the residents at Grace Manor. Residents are able to use a stationary bicycle with pedals and handle bars that can be adjusted to the perfect fit for the resident, and is fully adaptable for residents in wheelchairs



or varying abilities. In front of the residents is a large dome that projects moving images from google maps onto it. Residents are able to look up any address on the attached computer and to pedal their way through the streets and pathways. Residents are able to reminisce and feel the emotions of seeing the different locations and landmarks as they bike. These locations may be areas they grew up in, traveled to, are familiar with, or see new areas that may be on their places to visit. Using their bodies to pedal, and maneuver the handlebars, helps keep them moving and provides exercise, in a creative way.

Residents like Susan are enjoying the opportunity to move in creative ways and "travel" to locations that they once traveled to in person. During Susan's bike ride, she enjoyed laughing and reminiscing with

the Recreation Therapy Team about the memories she holds onto from her trip to Hawaii with her daughter. She also enjoyed the Hawaiian sunshine and bright tropical features as she biked, when outside in Edmonton it was snowing. Susan could not wait to share that she traveled to Hawaii and went for a bike ride, on her next phone call with her daughter.

SAFETY CORNER

Nothing can spoil holiday cheer like an emergency visit to the Vet. These tips can help prevent a holiday disaster with your pets.

- Keep people food out of the reach of your pet
- Make sure your pet doesn't have any access to treats, especially those containing chocolate
- Don't leave your pet alone in the room with lit candles, a decorated tree or potpourri
- Consider leaving the tinsel off your tree if you have a cat
- Secure your Christmas tree to keep from falling over if your dog bumps it or your cat climbs it
- Hanging lemon-scented car air fresheners in the tree may deter your cat from climbing it
- Choose non-toxic decorations
- Keep cables from Christmas tree lights out of reach or get a cable guard
- Vacuum regularly to reduce the risk of real or fake pine needles being ingested by your pet
- Don't use edible decorations on your tree, they will be sniffed out and pulled down
- If a gift contains food or chocolate don't leave it under the tree
- Plants like poinsettias, mistletoe, holly, amaryllis, ferns and pine sap are poisonous to cats and dogs
- Make sure all visitors know to close any doors, windows or gates to stop a pet making an accidental escape
- Don't give your pet turkey or chicken bones, they can splinter and cause serious issues for your pet and your wallet
- Keep up your pets regular feeding and exercise routines to minimize upheaval



Hello Everyone!

My name is Alix Norum and I am the Recreation Therapy Manager for Grace Manor and Stepping Stone.

I am originally from the small town of Tisdale Saskatchewan, and have also lived in Regina Saskatchewan where I completed my degree in Sport & Recreation Management with a major in Therapeutic Recreation at the University of Regina. After completing my degree, I wrote my National Certification for Therapeutic Recreation Exam, and am a Certified Therapeutic Recreation Specialist. This past summer, I also became a Certified Dementia Care Provider. I have been in Edmonton for just over two years, working as a Recreation Therapist.

In my free time, I enjoy site seeing, being outdoors, and spending time with my dog Layla.

My vision for my new role is to express creativity by bringing new Recreation Programs to Stepping Stone & Grace Manor, and to get the residents out and about. I look forward to trying new things, bringing joy to their days, and improving their quality of life.

